
Health Coverage Options

**Medi-Cal:**
- Children—regardless of immigration status—foster youth, pregnant women and legally present individuals—including those with DACA status—may be eligible for no- or low-cost Medi-Cal.
- Medi-Cal covers immunizations, checkups, specialists, vision and dental services, and more for children and foster youth up to age 26 at no or low cost.
- Medi-Cal enrollment is available year round.
- During COVID-19, Medi-Cal plans began offering more services using telehealth. Ask your provider about accessing care over video or telephone.

**Covered California:**
- Covered California is where legal residents of California can compare quality health plans and choose the one that works best for them.
- Based on income and family size, many Californians may qualify for financial assistance.
- Enroll during Open Enrollment or any time you experience a life-changing event, like losing your job or having a baby. You have 60 days from the event to complete enrollment.

**Imigrant Families:** Visit the public charge guide. Receiving government health insurance and using health services will not affect your immigration status. Information is only used to determine eligibility. Click the English or Spanish versions for more details.

**Find a primary care doctor in your network.**
- Schedule an annual checkup for you and your family.
- Make sure to take your child to the dentist.
- Pay your monthly premium if your plan requires it.

Enroll.

Three ways to enroll in Medi-Cal and Covered California:
- 1(800) 300-1506
- www.coveredca.com
- Find in-person help: www.coveredca.com/support/membership/contact-medi-cal/

Get Care.

- Find a primary care doctor in your network.
- Schedule an annual checkup for you and your family.
- Make sure to take your child to the dentist.
- Pay your monthly premium if your plan requires it.

Renew.

Medi-Cal must be renewed every year. While this has temporarily paused during the COVID-19 pandemic, it is important to ensure that Medi-Cal has your current address so that when it’s time to renew your coverage, they can contact you. If you receive a renewal notice, be sure to act: you can renew by mail, online or over the phone. For help, contact your local Medi-Cal office. Click here to find your county office.

Health plans through Covered California must be renewed every year. Renewal information will be mailed at the end of the year, or you can contact Covered California directly at: 1(800) 300-1506.

Financial Help. You and your family may qualify for financial help:

<table>
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<tr>
<th>% FPL</th>
<th>100%</th>
<th>138%</th>
<th>150%</th>
<th>200%</th>
<th>213%</th>
<th>250%</th>
<th>266%</th>
<th>300%</th>
<th>322%</th>
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<tbody>
<tr>
<td>Household Size</td>
<td>American Indian / Alaska Native (AI/AN) Zero Cost Sharing</td>
<td>Federal Premium Tax Credit*</td>
<td>AI/AN Limited Cost Sharing</td>
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If 2022 household income is at or less than

Medi-Cal for Adults | Medi-Cal for Pregnant Women | Medi-Cal for Kids (0–18 Yrs.) | Medi Access for Pregnant Women | CCHIP

Note: Consumers after 138% FPL may qualify for a Covered California health plan with financial help including: federal premium tax credit, Zero Cost Sharing and Limited Cost Sharing AI/AN plans.
Source: www.coveredca.com/pdfs/FPL-chart.pdf