



Once you sign up for Medi-Cal, you will receive a packet of information in the mail that helps you choose a Medi-Cal managed care health plan.\*

The packet includes information about the benefits and doctors covered by different health plans in your area. Your packet also includes your Medi-Cal Benefit Identification Card (BIC), which you can use to get care while you pick a health plan.

Once you select a health plan that is right for your child and your family, you will receive your health plan card in the mail.

### **REMEMBER:**

**YOU MUST SELECT A HEALTH PLAN WITHIN 30 DAYS** of receiving your packet. If you do not select a plan within 30 days, a health plan will be chosen for you.

# Now that your child has **MEDI-CAL** it's time to select a plan



### **How do I pick a plan for my child?**

You can either fill out the form included in the packet or you can call Health Care Options at 1 (800) 430-4263 to choose by phone.



### **How do I know whether the health plan I pick includes my child's doctor?**

You can call the plans directly and ask. The numbers are listed in the packet you receive. You can also call your doctor(s) (which may be a clinic) and ask which Medi-Cal health plans they participate in.



### **How do I change plans?**

You can change your plan at any time by calling Health Care Options at 1 (800) 430-4263.



### **What happens next?**

After you pick a plan, you will get your health plan card in the mail and you can start getting care. In the meantime, you can get care from any provider that accepts your Medi-Cal Benefit Identification Card (BIC) that was included in your Medi-Cal packet.

\* In certain counties, Medi-Cal automatically enrolls you in a managed health care plan. Counties include: Del Norte, Humboldt, Lake, Lassen, Marin, Mendocino, Merced, Modoc, Monterey, Napa, Orange, San Luis Obispo, San Mateo, Santa Barbara, Santa Cruz, Shasta, Siskiyou, Solano, Sonoma, Trinity, Ventura, and Yolo.



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Thaum koj kos npe thov Medi-Cal, koj yuav tau txais ib co ntaub ntawv uas yuav pab koj xaiv Medi-Cal kev pab tswj txog kev kho mob.\*

Pob ntawv muaj cov ntaub ntawv hais txog cov kev pab cuam thiab cov kws kho mob uas luag them tej nqi kho mob nyob rau hauv koj ib cheeb tsam. Koj cov ntawv kuj muaj xws li koj daim ntawv pov thawj kho mob nkeeg, cov Medi-Cal Benefits Identification Card (BIC), uas koj yuav siv tau thaum koj mus kho mob thaum koj tseem tab tom xaiv ib txoj kev kho mob nkeeg rau koj.

Thaum koj xaiv tau ib txoj kev kho mob zoo rau koj, koj tej me nyuam thiab koj tsev neeg lawm, koj yuav tau txais koj daim ntawv pov thawj kho mob (health plan card) uas yog luag mam xa tuaj.

**NCO NTXOOV: KOJ YUAV TSUM XAIV IB QHO KEV KHO MOB TSIS PUB DHAU 30 HNUB** tom qab koj txais tau koj pob ntawv. Yog koj tsis xaiv, luag cov tswj ntawm kev kho mob yuav xai rau koj.

# Yog li tam sim nov koj tus me nyuam muaj MEDI-CAL

## lawm nws yog lub sij hawm zoo uas yuav tau los xaiv seb yuav yuav qhov twg



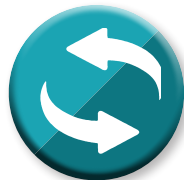
**Koj xaiv ib qho kev kho mob nkeeg rau koj tus me nyuam li cas?**

Koj yuav tau xaiv sau rau hauv cov ntaub ntawv los sis hu rau qhov xaiv kev saib kev mob nkeeg ntawm 1(800) 430-4263 es qhia qhov koj xaiv.



**Ua cas kuv thiaj paub tias qhov kev kho mob nkeeg kuv xaiv ntawv muaj kuv tus me nyuam tus kws kho mob nyob rau hauv?**

Koj hu tau ncaj qha mus nug. Tus zauv xov tooj muaj nyob rau hauv cov ntawv koj tau txais ntawd. Koj kuj muaj feem hu mus nug koj tus kws kho mob (tej zaum yuav yog lub tsev kho mob me, clicnic, thiab nug seb lawv koom nrog qhov kev kho mob nkeeg twg.



**Kuv yuav hloov qhov kev kho mob nkeeg uas kuv xaiv ntawv li cas?**

Koj hloov kev kho mob uas koj xaiv tau ntawv txhua lub sij hawm uas yog hu rau ntawm qhov kev kho mob ntawm 1(800) 430-4263.



**Yuav ua cas ntxiv?**

Tom qab koj xaiv tau ib qhov kev kho mob nkeeg lawm, koj yuav tau txais ib daim ntawv pov thawj thiab koj mus kho mob nkeeg tau. Tam sim nov, koj muaj feem mus ntsib tau cov kws kho mob uas muaj npe nyob rau hauv daim ntawv pov thawj thiab nyob hauv cov ntawv qhia txog Medi-Cal.

\* Nyob rau tej lub nroog nrog rau ib cheeb tsam ze, counties, Medi-Cal yuav cia li xaiv muab koj tso npe rau ib qho kev pab cuam txog kho mob nkeeg. Cov nroog ib cheeb tsam muaj xws li: Del Norte, Humboldt, Lake, Lassen, Marin, Mendocino, Merced, Modoc, Monterey, Napa, Orange, San Luis Obispo, San Mateo, Santa Barbara, Santa Cruz, Shasta, Siskiyou, Solano, Sonoma, Trinity, Ventura, Yolo.



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